

1. Introductions/Attendance
  - a. Joan Chiarello, RD, SNS-DVUSD Food & Nutrition Director
  - b. Nona Bennett, RDN-DVUSD Food & Nutrition Coordinator
  - c. Jen Guerrette, DVUSD Teacher SDOHS (Sports Medicine)
  - d. Carrie LaSharr-DVUSD Classified Mountain Shadows
  - e. Julie Pruitt-DVUSD Park Meadows Food Service Manager
  - f. Christine Hicks, RD- Parent Sierra Verde, County Health Department
  - g. Aimee Wojciechowski-DVUSD Teacher (4<sup>th</sup>) Village Meadows
  - h. Dana Russell-DVUSD Teacher (6<sup>th</sup>) Stetson Hills/SDOHS Parent
  - i. Amanda Chase-DVUSD Teacher (special Ed) Stetson Hills/SDOHS Parent
  - j. Cara Peczkowski-Parent
2. Update on Policy and AMGs –Joan
  - a. Update on submission of new Wellness Policy
  - b. Update on submission of AMGs reviewed at January WPC Meeting
    - i. Food and Beverage Marketing in Schools
    - ii. Hydration
    - iii. Nutrition Education
    - iv. School Meals
    - v. Food and Nutrition Guidelines-Revision of current
3. Update on Wellness website and Success Stories-Nona
  - a. New Wellness webpage under “Parents & Students” on the main district landing page
    - i. Viewed Wellness Newsletter
    - ii. Viewed Wellness Success Stories
    - iii. Viewed location of proposed AMGs and Wellness Policy
4. Introduction to new AMGs-Nona
  - a. Presentation of AMGs in draft form.
    - i. Beverages
    - ii. Physical Activity
    - iii. Physical Education.
    - iv. Wellness Policy Evaluation and Implantation
  - b. Broke into small groups to review and discuss drafts
    - i. Beverages
      1. Inclusion of caffeine limit on beverages was agreed upon a beneficial
      2. Inclusion of disallowing diet soda during school day was agreed upon as beneficial.
    - ii. Physical Activity
      1. Recommended classroom PA breaks every 30-45 minutes for elementary and 45-60 minutes for secondary rather than previously written 40-60 minutes.
    - iii. Physical Education.
      1. Suggested to check District standards for HS PE requirements.
    - iv. Wellness Policy Evaluation and Implantation
      1. Change in time of annual Wellness progress report to fall timeframe.

2. Not all schools are able to keep campus open to public for a variety of reasons including safety, liability, and vandalism.
  3. Offer several Wellness Policy Assessment Tools to schools.
- c. Additional Discussions
  - i. Jen Guerrette informed attendees about apps that may be used to track health goals throughout year that result in monetary benefits from Health Insurance for employees with district benefits.
- d. Next WPC meeting May 10, 2017 at 5:00p.m.